

Based on NCF
for Foundational
Stage 2022 and
NIPUN BHARAT
2021

PMP Planet
Multimedia Publishers
The Ultimate Resource

Skillment



Environmental Studies

A Multi-skill Activity Book on Environmental Studies



FS-4
Class - 1



WORKSHEET

Chapter-1: About Myself

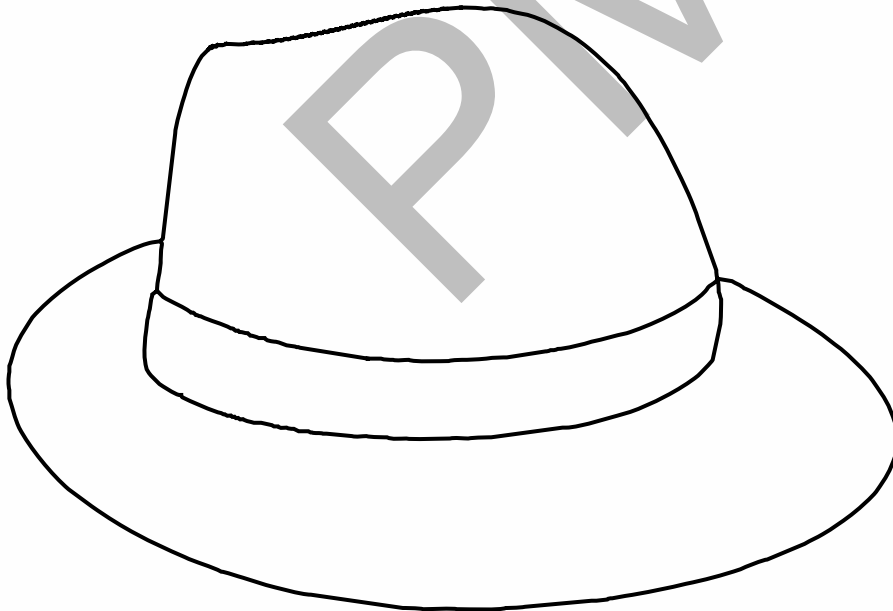
EVS-FS-4
(Worksheet)

A. Write about yourself.

1. Name :
2. Class :
3. Section:
4. Father's Name :
5. Mother's Name :
6. Contact No.:
7. Address :

Paste your
picture here

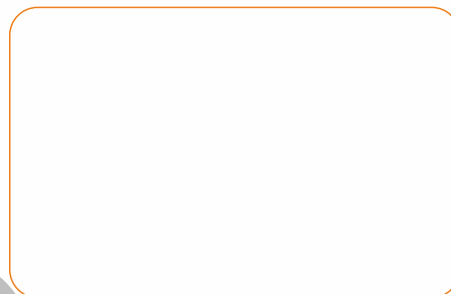
B. Colour the hat with your favourite colour. Write the name of colour in the given box.



C. Answer the following questions. Also draw what you write as answer.

1. Favourite Fruit:

.....



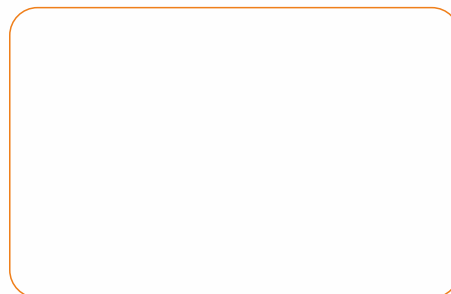
2. Favourite Vegetable:

.....



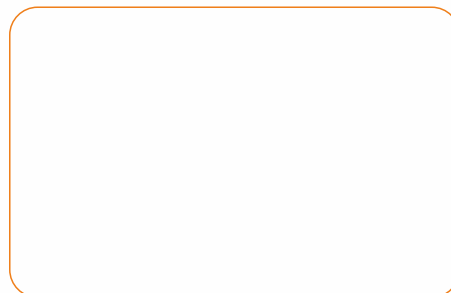
3. Favourite Game:

.....



4. Favourite Dish:

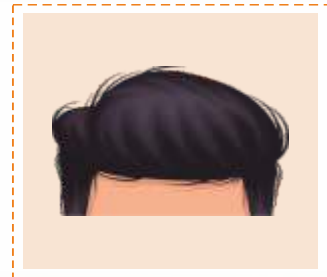
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Chapter-2: My Body

EVS-FS-4
(Worksheet)

A. Write the names of body parts.



B. Match the picture with their functions.



•

• To move our head



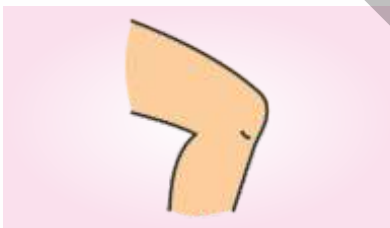
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• To see objects



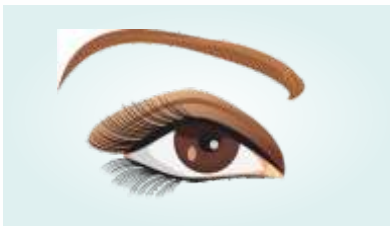
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• To sense smell



•

• To walk, run and jump



•

• To fold our legs



Chapter-3: Healthy Habits

EVS-FS-4
(Worksheet)

A. Fill in the blanks.

1. Germs grow on surface.
2. Exercises keep our body fit and
3. Burger is a food.
4. We should get up in the morning.

B. Answer the following questions.

1. Write any two healthy food items.

.....

2. Write any two junk food items.

.....

3. Why should we take rest?

.....

C. Write 'H' for healthy food and 'J' for junk food.



Chapter-4: My Family

EVS-FS-4
(Worksheet)

A. Unscramble the letters and write the word correctly.

1. ARGDNTHAFRE
2. OTHREM
3. TAHRFE
4. TISESR
5. BTOREHR

B. Write 'T' for true and 'F' for false.

1. A big family has three to four members.
2. Grandfather and grandmother are called grandparents.
3. A joint family is also called a small family.
4. Uncle's wife is called aunt.
5. Parents look after their children.

C. Answer the following questions.

1. Write you mother's and father's name.

.....

2. Who all make a joint family?

.....

3. Write two things that parents do for the family.

.....

.....



Chapter-5: We Need Food

EVS-FS-4
(Worksheet)

A. Tick (✓) the correct option.

1. Which meal is taken in the afternoon?

a. Lunch

b. Dinner

c. breakfast

2. Which of the following food items comes from animals?

a. Spinach

b. Milk

c. Mango

B. Fill in the blanks with the words given below.

1. The morning meal is called
2. Egg and honey come from
3. People who eat meat and eggs are called
4. Food help us to grow and makes us

animals
breakfast
healthy
non-vegetarians

C. Write 'T' for true and 'F' for false.

1. Food makes us strong and healthy.
2. The night meal is called lunch.
3. Plants give us egg and milk.
4. Vegetarians are people who eats food from plants.

D. Answer the following questions.

1. Why do we need food?

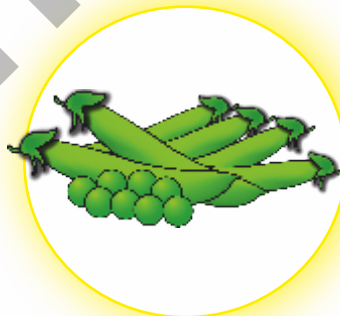
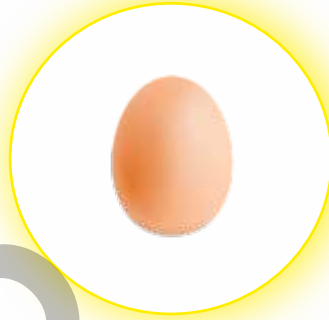
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2. Which food items do we make from milk?

.....



E. Tick (✓) the food items that come from plants.



Chapter-6: We Need Clothes

EVS-FS-4
(Worksheet)

A. Tick (✓) the correct option.

1. We wear cotton clothes in this season.

a. Summer

b. Winter

c. Rainy

2. Raincoats are made of

a. Wool

b. Silk

c. Plastic

3. We get silk from

a. sheep

b. cotton plant

c. silkworm

B. Fill in the blanks.

1. Cotton clothes keeps us

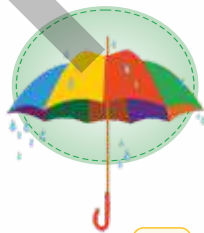
2. clothes keeps us warm.

3. We get wool from

4. People wear special clothes called at work.

uniform
winter
sheep
cool

C. Colour the box orange for cloth items of summer and green for cloth items of winter.



Chapter-7: We Need a House

EVS-FS-4
(Worksheet)

A. Complete the names of these rooms in a house.

1. K.....T.....H.....N
2. B.....D.....O.....M
3. D.....N.....N..... R.....M
4. B.....T.....R.....O.....
5. S.....U.....Y R.....O.....

B. Write 'T' for true and 'F' for false.

1. We should keep our house dirty.
2. A house has many rooms for different purposes.
3. A kutcha house is a small and weak house.
4. A hut is a pucca house.
5. We should throw garbage into a covered dustbin.

C. Answer the following questions.

1. Write any two qualities of a pucca house.
.....
.....
2. Why do people make sloping roofs on high mountains?
.....
.....
3. Write any two ways to keep house clean.
.....
.....



Chapter-8: Air and Water

EVS-FS-4
(Worksheet)

A. Tick (✓) the correct option.

1. Gently moving wind is called

a. breeze

b. air

c. storm

2. We cannot use sea or ocean water as it is

a. sweet

b. frozen

c. salty

B. Fill in the blanks.

1. Fast and strong moving wind is called

2. We need air for

3. The main source of water is

4. Drinking water can make us ill.

breathing
rain
storm
dirty

C. Write 'T' for true and 'F' for false.

1. Moving air is called breeze.

2. We fill air in tyres and footballs.

3. Pure water is colourless.

4. We should throw rubbish into water bodies.

5. We should not waste water.

D. Answer the following questions.

1. What do you mean by wind?

.....

2. Why should we not drink dirty water?

.....

3. Write the names of some sources of water.

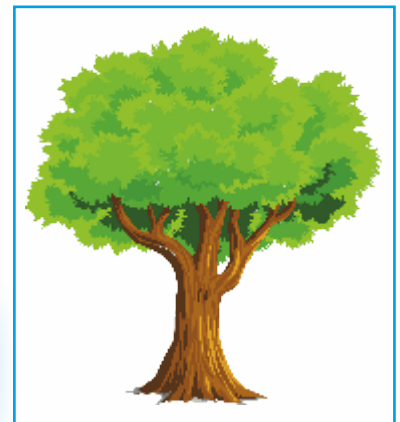
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Chapter-9: Plants Around Us

EVS-FS-4
(Worksheet)

A. Write 'T' for trees, 'S' for shrubs and 'H' for herbs.



B. Fill in the blanks.

1. are plants that grow along the ground.
2. Parts of some plants are used to make
3. Weak plants that need support to stand are called
4. are very useful to us.

medicines
climbers
Plants
Creepers

C. Write 'T' for true and 'F' for false statements.

1. Rose plant is an example of climber.
2. Small and very weak plants are called herbs.
3. Plants make air fresh and clean.
4. Flowers of some plants are used to make perfume.

D. Answer the following questions.

1. Write any two examples of shrubs.

.....

2. Write any two examples of climbers.

.....

3. Write any two uses of plants.

.....

.....



Chapter-10: Animals Around Us

EVS-FS-4
(Worksheet)

A. Tick (✓) the correct option.

1. Which of the following is a wild animal?

a. Cat

b. Lion

c. Fish

2. These animals live in the forests.

a. Water animals

b. Pet animals

c. Land animals

3. Which of these animal is as amphibian?

a. Eagle

b. Newt

c. Butterfly

B. Fill in the blanks with the words given in the box.

1. Animals that live with humans are called animals.

2. Animals that have wings and beaks are called

3. Animals that live in farm are known as

4. Many have wings to fly.

birds
insects
domestic
pet

C. Write 'T' for true and 'F' for false.

1. Cow is an example of a domestic animal.

2. Very small animals that have six legs are called insects.

3. Fish is an example of a water animal.

D. Answer the following questions.

1. Name any two insects.

.....

2. What do you mean by amphibians?

.....



Chapter-11: Homes of Animals

EVS-FS-4
(Worksheet)

Match the animals with their homes.



Chapter-12: Our School

EVS-FS-4
(Worksheet)

A. Match the picture with correct name.



Playground

Classroom

Computer
Room

Library





B. Fill in the blanks with the words given in the box.

1. The is the head of a school.
2. Children can read books in a
3. is a place where students buy snacks and other food items.
4. Children should not in the school.

library
Canteen
litter
Principal

C. Answer the following questions.

1. Name the rooms that we can find in a school.

.....

2. What do the children do in a classroom?

.....

3. Where do the children gather in the morning for prayer?

.....



Chapter-13: Places Around Us

EVS-FS-4
(Worksheet)

A. Mark the words given below from grid.

Market, Bank, Park, Hospital, Bus Stop, Post Office

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| M | A | R | K | E | T | S | B | G | H | B | K |
| H | M | X | G | Z | N | A | M | L | D | U | J |
| O | O | R | B | F | B | D | G | D | F | S | Z |
| S | P | Q | N | P | A | R | K | T | Y | S | X |
| P | S | C | J | U | N | G | W | G | T | T | C |
| I | X | G | Z | C | K | J | Q | C | V | O | V |
| T | T | G | V | G | F | M | V | D | G | P | G |
| A | B | T | W | O | C | I | O | R | F | X | H |
| L | F | P | O | S | T | O | F | F | I | C | E |



B. Fill in the blanks with the words given in the box.

1. are people who live near our house.
2. We go to the to report the thing we have lost.
3. We go to the to deposit or withdraw money.
4. A is an open area with many beautiful plants.
5. We should stand in a while waiting for a bus.

queue
bank
park
police station
Neighbours



C. Answer the following questions.

1. Who are called our neighbours?

.....

2. Who take care of us at the hospital?

.....

3. Why do we go to a bank?

.....



Chapter-14: Our Helpers

EVS-FS-4
(Worksheet)

A. Match these helpers with their names.



Chef



Doctor



Sweeper



Watchman



Teacher



B. Write 'T' for true and 'F' for false.

1. A sweeper cleans streets and roads in the morning.
2. The food we eat is grown by farmers.
3. A nurse takes care of us at a hospital.
4. A plumber fits switches and boards.
5. A cobbler mends our slippers and shoes.

C. Answer the following questions.

1. What does a sweeper do?

.....

2. What does a chef do?

.....

3. Who mends slippers and shoes?

.....

4. What does an electrician do?

.....



Chapter-15: Travel

EVS-FS-4
(Worksheet)

A. Tick (✓) the correct option.

1. Means of transport are of types.

a. two

b. three

c. five

2. Which of the following is a means of water transport?

a. Bus

b. boat

c. car

B. Fill in the blanks with the words given in the box.

1. Metro is an example of transport.

2. Rocket is an example of transport.

3. Animals are still used to carry goods and

4. Boat and ship are examples of transport.

air
people
water
land

D. Answer the following questions.

1. Name the types of transport.

.....

2. What do you mean by means of water transport?

.....

3. What do you mean by means of air transport?

.....

4. Name any two animals that are used as means of transport.

.....



Chapter-16: The Earth and The Sky

EVS-FS-4
(Worksheet)

A. Tick (✓) the correct option.

1. We get underground water from this source.

a. well

b. tubewell

c. Bothe of these

2. Moon is the Sun.

a. larger than

b. smaller than

c. similar to

3. The is the space above the Earth.

a. land

b. rainbow

c. sky

B. Fill in the blanks with the words given in the box.

1. is not the same everywhere.

2. is the band of seven colours that appears in the sky after rain.

3. The is smaller than the Sun.

4. Stars twinkle in the sky at

Moon

night

Rainbow

Land

C. Write 'T' for true and 'F' for false statements.

1. Earth is surrounded by air.

2. One out of four parts of the Earth's surface is land.

3. Sometimes, the Sun is curved like a sickle.

4. Sun appears very small because it is very far from us.

D. Answer the following questions.

1. Where do we find water in the form of ice?

.....

2. What does the Sun give us?

.....



Chapter-17: Our Festivals

EVS-FS-4
(Worksheet)

A. Tick the correct option.

1. Which festival is celebrated to mark the birthdays of Sikh Gurus?

a. Eid

b. Christmas

c. Gurpurab

2. Grandhi Jayanti is celebrated on this date.

a. 15th August

b. 2nd October

c. 26th January

B. Fill in the blanks with the words given in the box.

1. Day is celebrated on 15th August every year.

2. is called the Father of the Nation.

3. On, people go to church to offer prayer.

4. On Day, a grand parade is organised at the Rajpath in New Delhi.

Mahatma Gandhi
Republic
Independence
Christmas

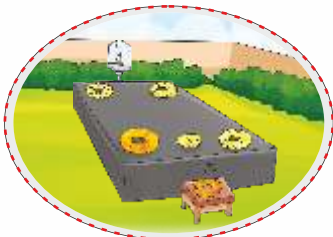
C. Match the pictures of the festival with the name.



Republic Day



Gandhi Jayanti



Independence Day



Chapter-18: Our Safety

EVS-FS-4
(Worksheet)

A. Match the safety rules with their places.

1. Do not open the door to a stranger.
2. Stand in a queue.
3. Do not do doubles on swings and seesaws.
4. Always walk on the footpath
5. Do not jump on the benches and desk.

- Bus
- Road
- Home
- School
- Park

B. Fill in the blanks with the words given in the box.

1. Do not open the door of the house to the
2. Use to cross the road.
3. Never play with animals.
4. Our is very important.

stray
Safety
zebra crossing
careless

C. Write 'T' for true and 'F' for false.

1. We can avoid accidents by being careful and alert.
2. We should not stand in a queue at the bus stop.
3. We should jump on the benches and desks in the school.

D. Answer the following questions.

1. How can we avoid accidents?

.....
.....

2. Write any two safety tips to be followed in the park.

.....
.....

